

24-Hour Women's **Emergency Helpline** 0171719

frauennotruf@wien.at

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Information and support on:

- Rape, attempted rape
- Sexual harassment • Use of date rape drugs
- Physical abuse such as hitting, kicking,
- pushing, strangling
- Psychological harassment, stalking, serious threat
- etc

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Violence has mostly far reaching physical, emotional, social and health-related consequences.

Counselling may help you, if:

- You fear not being taken seriously.
- You find it difficult to speak about your experience.
- You feel ashamed of the violence you have experienced.
- You have recurring memories of the violence, even if it happened a long time ago.
- You suffer from sleep disorders and nightmares.
- You think you have changed since the incident.
- You are burdened by the violent experience.
- You feel that you are not able to deal with the situation alone and you cannot find a way out of it.

Please call us!

- If you are a woman experiencing violence
- If you know a woman experiencing violence

Telephone: E-mail: Internet:

+ 43 1 71 71 9 (24 hours a day) frauennotruf@wien.at frauennotruf.wien.at

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24 Hour Women's **Emergency Helpline** Frauennotruf of the City of Vienna 0171719

Anonymous and free of charge 24 hours a day Information and support for women experiencing violence

Englisch • English





Violence includes:

- Rape, attempted rape
- Sexual harassment
- Use of date rape drugs
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- Psychological harassment, stalking, serious threat
- etc

We are:

- a team of female psychologists, legal experts and social workers
- on the side of the victim

We offer councelling and assistance:

- for women and girls aged 14 and older who have experienced sexual, physical and/or emotional violence - also if the incident happened some time ago
- 24 hours a day, also on weekends and public holidays
- on a free and confidential basis also anonymously, if requested

We support women in trusting their own abilities and making their own decisions.

The services offered by the 24 hour women's **Emergency helpline** include:

Counselling

- Telephone, personal or online counselling
- Psychological counselling
- Legal counselling
- Social counselling

Assistance

- · with reporting to the police
- · with seeking medical attention at a hospital
- with testifying at court

Psychosocial support during court proceedings, organisation of legal support

Counselling for family members and friends

Referral to other advisory centres

Information and further training for institutions active in this field



- Information and support available 24 hours a day; call 01/71719
- Free, confidential and anonymous
- Telephone, personal and online counselling
- Assistance at the police station, at the hospital and at court
- Counselling also available for family members and friends

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